



5 Minutes to Transform Basic Skills and Build Key Competences



ABOUT THE PROJECT

TAKE5 is an Erasmus+ VET project that turns basic skills learning into short digital challenges. It helps young VET learners build confidence, motivation and competences for work and lifelong learning across 10 key competence areas.

Across seven countries, partners will develop 100 five-minute challenges and a training programme for VET professionals. Organised workshops, so-called Skill Sprint workshops, will help learners practise literacy, numeracy, digital skills, problem-solving, teamwork and many more.

OBJECTIVES



MOTIVATE LEARNERS

Make VET learning more engaging through short, challenge-based activities that inspire participation and build confidence.



BUILD KEY SKILLS

Develop basic and transversal skills across 10 key competence areas, including literacy, numeracy, digital competence, problem-solving and teamwork.



SUPPORT EDUCATORS

Equip VET teachers with digital pedagogy, retrieval practice and challenge-based methods for modern learning.



PROJECT RESULTS

100 five-minute digital challenges in 6 languages across 10 key competence areas

In-service training programme for 70 VET educators on digital pedagogy and retrieval practice

420 VET learners supported through organised Skill Sprint workshops

“ Our goal is to make every five minutes count: small digital challenges that build confidence, strengthen essential skills and open pathways to vocational success. ”

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www.take5project.eu

PARTNERS



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